

The following is a wish list of items needed to support Native American Connections program participants. These items are utilized by homeless youth, pregnant women, people struggling with mental illness, individuals overcoming addiction and families working with Native American Connections to build a healthy & bright future. Please help us ensure no one goes hungry, is unable to maintain their hygiene or goes without adequate clothing.

• FOOD

Peanut Butter Breakfast Cereal and Bars Bottled Water/ Juice/ Kool-Aid **Non-Perishable food items** (tuna, canned soups, stews, chili, canned tomatoes and vegetables, all varieties of beans (canned or dried), pastas and rice

• HYGIENE

Body Wash Deodorant Razors (men/women) Toothpaste & Brushes Shampoo and Conditioner Feminine Hygiene (maxi pads/tampons) Depends (men/ women all sizes)

• MEN'S CLOTHING

Belts (all sizes) Socks Underwear (all sizes/must be new) T-Shirts & Casual Tops (all sizes) Jeans / Levis (all sizes gently used ok) *Please note: At this time we have reached our goal for women's clothing; we will update with any changes.*

HOUSEHOLD ITEMS

Toilet Paper Paper Towels Dish soap Laundry detergent All-purpose cleaner Cleaning Bucket Dustpans and Brooms

LINENS

Twin X-Long Sheets sets Bath Towels & Wash Cloths New Pillows & Cases (Standard) Lightweight Blankets

Please feel free to contact us with questions or to help arrange your donation today! Our Director of Public Engagement may be reached via email at E.Brown@nativeconnections.org.

"Changing Lives... Building Healthy Communities"